



Name: Dr Shruti Dhingra

Department & Designation: Assistant Professor, Department of ENT &
Head Neck Surgery.

Qualification: MBBS, MS, DNB, MNAMS, FIMSA

Additional Qualification: Fellowship in Laryngology, Phonosurgery and
Co2 Lasers, Harvard Medical School, Boston, USA

Experience

MBBS: University College of Medical Sciences, New Delhi

M.S. : Maulana Azad Medical College and Associated LNJP Hospital, New Delhi

Senior Residency: PGIMER, Chandigarh and Maulana Azad Medical College, New Delhi

Assistant Professor: BPS Govt. Medical College for Women, Sonapat, Haryana

Assistant Professor: Chacha Nehru Bal Chikitsalaya, (associate hospital of MAMC), New Delhi

Assistant Professor: ESIC Medical College and Hospital, Faridabad. (at present)

Presentations at National and International conferences:

1. Presented the paper titled “SURGICAL ANATOMY OF FRONTAL RECESS IN RELATION TO ENDOSCOPIC FRONTAL SINUS SURGERY” during the **P.G. Best Paper Award** Session at the 31st Annual Conference of the Association Of Otolaryngologists Of India, Delhi State Branch, 2008(**GOLD MEDAL**)
2. Presented the paper titled “INDIAN PERSPECTIVE OF FRONTAL SINUS ANATOMY.” during the **P.G. Best Paper Award** at the 21st All India Rhinology Conference, PGI Chandigarh, September, 2008
3. Presented the paper titled “Intranasal Meningocele: An Institutes Experience.” during the **Junior**

4. **Junior Consultant Best Paper Award** at the 23rd Annual Conference of All India Rhinology Society, September, 2010, Udaipur **for paper** titled, “Intranasal Meningocele- approach and management.”
5. Presented the paper titled “Metallic Tracheal Stents for proximal trachea- Is it worth the risk?” during the **P.G. Best Paper Award** at 33rd Annual Conference of AOI (NWZ Branch), held at GMCH, Chandigarh, in 2009
6. Presented the paper titled “Unusual Parotid Tumors: An institutes experience”: at **International Conference of Foundation of head and neck oncologists** held at Bangalore, October 2010
7. Presented the paper titled “. “Ectopic supernumerary tooth in the nasal cavity- a rare presentation.” during the **Best PG Award Paper** at the 24th Annual Conference Of All India Rhinology Society, 2011- Sikkim

PUBLICATIONS

2008

1. **Dhingra S** , Sethi A, Singh I, Sareen D: **Leiomyosarcoma Of The Maxillary Sinus: An Unusual Site Of Occurrence.** The Internet Journal Of Head and Neck Surgery.2008.Volume2 Number 2

2009

1. **Dhingra S**, Agarwal A.K.,Passey J.C, .Kaul J.M. **Anatomical analysis of frontal recess cells in endoscopic sinus surgery- an Indian perspective-** Clinical Rhinology-An International Journal Sep-Dec2009 Vol 2 Number 3 ISSN 0974-4630
2. Pooja K, Bansal R, **Dhingra S**, Agarwal A.K. **Intracranial Extradural epidermal inclusion cyst of the temporal fossa- An Unusual Complication Of Previous Mastoid Surgery.** Ear, Nose and Throat Journal .(accepted for publication Sep, 2009).

2010

1. **Dhingra S**, Bansal S, Shankar A,Gupta A.K. **Hemangiopericytoma of the sinonasal cavity-** Clinical Rhinology -An International Journal, Sep-Dec2010 VOL 3, Issue3 pg 185-188. ISSN 0974-4630
2. Agarwal A.K, Sethi A, Sethi D, **Dhingra S.** **Treatment Delay In Oral And Oropharyngeal Cancer In Our Population : The Role Of Socio- Economic Factors And Health Seeking Behaviour.** . Indian Journal of Otolaryngology . 2011 Apr;63(2):145-50.
3. **Dhingra S**, Bakshi J, Mohindra S. **Schwannoma of nasal septum-:** Ear, Nose, Throat Journal- accepted for publication (Oct, 2010)

2011

1. Verma R.K, **Dhingra S**, Gupta K, Panda N.K. **Lingual Schwannoma – a case report** . Oral surgery 2011- ISSN 1752-2471 doi:10.1111/j.1752-248X.2011.01115.x
2. **Dhingra S**, Mohindra S , Gupta S.K, Gupta N , Shankar A **Intracranial Meningioma presenting as a Parapharyngeal tumour - a unique extracranial presentation.-** Int. J. Pediatr. Otorhinolaryngol. Extra (2011), doi:10.1016/j.pedex.2011.03.001

3. Shankar A, Bakshi J, **Dhingra S**, Verma R.K. **Parotid Tumours: Prospective Analysis of Survival Over 10 Years.** American Radium Society: 93rd Annual meeting, May 2011. Scientific paper and poster presentations: (P066)

4. Agarwal A.K , Sethi A, Sareen D & Dhingra S. **Oral and Oropharyngeal Squamous Cell Carcinoma in Our Population: The Clinic-Pathological and Morphological Description of 153 Cases.** *Int. J. Morphol.*, 29(3):686-693, 2011.

2012

1. Dhingra S, Mohindra S, Veiphi K. **Unusual spindle cell tumours at the base of tongue** (Solitary Fibrous Tumour and Malignant Fibrous Histiocytoma): Report of 2 Cases and review of literature. *Oral Surgery Journal.* (published online in Apr, 2012)

2. Kuki S, Chadha S, Dhingra S, Gulati A. **The Role of Current Audiological Tests in the Early Diagnosis of Hearing Impairment in Infant.** *Indian Journal of Otolaryngology and Head & Neck Surgery* 2013; 65, (3):244-250

3. **Dhingra S**, Bansal A, Gulati A. **Functioning thyroglossal cyst with concurrent ectopic thyroid in the floor of the mouth without orthotopic thyroid gland.** *Singapore Med J* 2013; 54(7): e149-e151

4. Bansal S, **Dhingra S**, Ghai B. **Metallic Stents for Proximal Tracheal Stenosis: Is it worth the Risk?** Case Reports in Otolaryngology, vol. 2012, Article ID 450304, 2012. doi:10.1155/2012/450304.

5.. Bansal S, **Dhingra S**, Kanojia R, Gupta A. **Lymphangioma neck presenting as a secondary lesion of the tongue** *Online J Health Allied Scs.*2012;11(1):18

2013

1 Mohindra S, **Dhingra S**, Mohindra S., Gupta B. **Esthesioneuroblastoma: Good Local Control of Disease by Endoscopic and Endoscope Assisted Approach. Is it Possible?** *Indian Journal of Otolaryngology.* DOI 10.1007/s12070-013-0633-y. ISSN: 2231-3796, accepted Jan 2013.

2. Mohindra S, Dhingra S. Isolated Mucocele in an Infraorbital Ethmoidal Cell-Haller Cell: A unique presentation. *Clinical Rhinology-An International Journal*, Jan-Apr 2013;6(1):44-46.

BOOK CHAPTER:

Optic Nerve Decompression. Ashok K. Gupta, Shruti Dhingra, book titled, "Recent Management in Otolaryngology (Diagnosis and Treatment) S.P.S. Yadav, R.K. Ranga, CBS publishers, ISBN: 978-81-239-2049-8.

BOOKS:

- 1) Diseases of Ear Nose and Throat. PL Dhingra, Shruti Dhingra. Elsevier Publication
- 2) MCQs in Ent.

ARTICLES IN EDUCATIONAL BOOKS

1. **Medical Management Of Vestibular Disorders** Vertigo Viewpoint, Vol 2. number 1. 2004
2. **Vertigo and Cerebrovascular Disease.** Vertigo Viewpoint, Vol 3. number 2, 2005
3. **Episodic Peripheral Vertigo.** Vertigo Viewpoint, Vol 1. number 3, 2003
4. **Vertigo and Peripheral Vascular Disease** Vertigo Viewpoint, Vol 3. number 1, 2005
5. **Overview Of BPPV.** Vertigo Viewpoint, Vol 1. number 1, 2003
6. **Meniers Disease.** Vertigo Viewpoint, Vol 6. number 1, 2008

Scholarships and Awards:

1. **Awarded Medal for Exceptional performance in Otolaryngology in M.B.B.S.** by UNIVERSITY COLLEGE OF MEDICAL SCIENCES, UNIVERSITY OF DELHI, 2002
2. **Awarded Medal for Exceptional performance in FINAL M.B.B.S examination,** by UNIVERSITY COLLEGE OF MEDICAL SCIENCES, UNIVERSITY OF DELHI, 2002
3. **Awarded Medal In Community Medicine In FINAL M.B.B.S. Examination,** UNIVERSITY OF DELHI, 2002
4. **Major (DR.) Ashwani Kumar Kanva V.S.M. Memorial Award(GOLD MEDAL)**for **BEST INTERN IN THE COLLEGE,** UNIVERSITY COLLEGE OF MEDICAL SCIENCES, 2004
5. **Gold Medal for Smt. MUKUT SAHARIA AWARD for Best Paper Presentation** at 31st Annual Conference of the Association of Otolaryngologists of India, Delhi Branch, 2008
6. **Silver Medal** for the Best paper presented during the Resident Best Paper Award Session at the 23rd Annual Conference of the All India Rhinology Society at Udaipur, September 2010
7. **Winner** of **Dr Prem Kakkar Vertin Quiz (National Level)** at the 60th Annual Conference of Association Of Otolaryngologists Of India, Agra, 2008

8. **Winner** of **Dr Prem Kakkar Vertin Quiz (National Level)** held at 61st Annual Conference Of Association Of Otolaryngologists Of India, Jaipur, 2009

Membership of professional bodies:

- 1) All India Rhinology Society- Life member
- 2) Foundation For Head And Neck Oncology- Life Member
- 3) Association Of Phonosurgeons of India- Life Member
- 4) Indian Voice Association- Life Member
- 5) Member of the National Academy Of Medical Sciences (India)
- 6) Association Of Otolaryngologists of India (Delhi State Branch)-Life Member
- 7) Indian Society of Otology: Life Member:
- 8) Association Of Otolaryngologists of India: Life Member
- 9) International Medical Science Academy: Life member

Special interests:

- Microflap Surgery, Laser Surgeries of the larynx, Thyroplasty, Arytenoid adduction, Hypopharyngoplasty, Stroboscopy, Electromyography, Use of Botulinum Toxin in Spasmodic Dysphonia, office procedures in laryngology including injection laryngoplasty and F.E.E.S.T.
- Glottis and subglottic stenosis.
- Neurolaryngological disorders (Parkinson's disease, ALS, benign tremor and how they affect the voice)
- Laryngopharyngeal reflux disease (LPR)
- Laryngeal electromyography (LEMG)
- Cochlear Implantation
- Pediatric otolaryngology